



# Lunch



## Homemade Mains

Served 12:00 pm - 03:00 pm

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**Blue Diamond Club sandwich** (1,062 kcal) **£12.95**

Roast chicken, grilled back bacon, baby gem, tomato, fried egg, lemon & tarragon mayonnaise with gourmet chips & choice of deli salad

**Blue Diamond Fish butty** (906 kcal) **£12.95**

baby gem, tartare sauce, gherkins & gourmet chips

**Christmas in a pie** (1,166 kcal) **£14.95**

Turkey & ham hock pie with cranberries, sage & onion stuffing & Brussel sprouts, served with creamy mashed potato, garden peas & rich red wine gravy

**Homemade beef lasagne** (1,295 kcal) **£14.95**

served with gourmet salad & garlic bread

**Maple-glazed ham** (789 kcal) **£12.95**

with two fried eggs, gourmet chips, piccalilli & homemade pickled cabbage.

**Signature burger** (1,546 kcal) **£15.95**

8oz beef burger, maple glazed bacon, mature cheddar, relish, gherkins, tomato, red onion & baby gem served in a toasted brioche bun with gourmet chips & homemade onion rings

**Signature Sausage and Mash** (839 kcal) **£12.95**

Two Cumberland sausages with leek & cheddar mashed potato, caramelised onion gravy & crispy shallots

**Fish and chips** (1,356 kcal) **£15.95**

Hand-battered sustainably sourced fish with gourmet chips, your choice of peas, tartare sauce & lemon (gf)

**Pan fried sea bass** (895 kcal) **£15.95**

with baby potatoes, samphire and seaweed butter

**Triple egg omelette with three fillings** (868 kcal) **£12.95**

Choose from ham, bacon, goat cheese, cheddar, sun-dried tomato, mushroom, spinach, spring onions or smoked salmon. Served with gourmet chips and dressed watercress (gf)

**Chicken katsu burger** (1,411 kcal) **£14.95**

Crispy chicken fillet, pickled red cabbage, gem lettuce, Japanese style mayonnaise, gourmet chips served in a toasted brioche bun

## Noodle Bar

Served 12:00 pm - 03:00 pm

*Noodles that you'll want to tell your friends about.*

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**Egg noodle stir fry (v)** (747 kcal) **£10.95**

Garlic, ginger, mangetout, peppers, carrots, onions, crispy shallots, black sesame seeds, sriracha & lime wedge

**Udon Noodle stir fry (v/vg)** (320 kcal) **£10.95**

Garlic, ginger, mangetout, peppers, carrots, onions, crispy shallots, black sesame seeds, sriracha & lime wedge

**Vermicelli Noodle stir fry (v/vg)** (778 kcal) **£10.95**

Garlic, ginger, mangetout, peppers, carrots, onions, crispy shallots, black sesame seeds, sriracha & lime wedge

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**add crispy chicken** £2.95

**add crispy tofu** £2.95

**add teriyaki salmon** £5.95

**add ponzu sauce**

**add sweet chili sauce** (70 kcal)

**add teriyaki sauce**

## Plated Salads

Served 12:00 pm - 03:00 pm

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**Seasonal Glazed goats cheese and roasted beetroot salad** (983 kcal) **£12.45**

with baby gem, kale, pine kernels, grapes and a fig coulis

**Warm panzanella and Halloumi salad (v)** (561 kcal) **£12.45**

with oven roasted pieces of sourdough, pepperonatta, avocado, poached egg and basil oil

**Traditional Ploughman's platter** (930 kcal) **£12.95**

Honey glazed ham, Cheddar cheese, pickled onion, gherkins, piccalilli, boiled egg, apple and a sourdough roll.



# Lunch



## Baked Potatoes

Served 10:30 am - 04:00 pm

Served with a Salad Garnish

<b>Baked beans and Cheddar cheese (v)</b> (998 kcal)	<b>£8.45</b>
<small>(Vegan cheese available)</small>	
<b>Classic Coronation chicken</b> (1,015 kcal)	<b>£9.45</b>
<b>Melted brie and crispy bacon</b> (1,176 kcal)	<b>£9.45</b>
<b>Prawn Marie Rose</b> (740 kcal)	<b>£9.95</b>
<b>Tuna and lemon crème fraîche</b> (796 kcal)	<b>£9.45</b>
<b>Beef chilli con carne</b> (1,308 kcal)	<b>£9.95</b>
<small>With crushed avocado and sour cream</small>	
<b>Chickpea and spinach curry</b> (926 kcal)	<b>£9.45</b>
<b>Welsh rarebit</b> (1,055 kcal)	<b>£9.45</b>
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<b>add cheese</b> (248 kcal)	<b>£2.25</b>

## Deli Salads

Served 10:30 am - 04:00 pm

*Did you know that all of our deli counters are nutrient-rich and include ingredients needed in your daily diet.*

<b>Beetroot Waldorf (v)</b> (352 kcal)	<b>£3.45</b>
<small>Roasted beetroot, caramelised walnuts, kale, grapes, celery with a tangy yoghurt dressing</small>	
<b>Grilled courgette and goat's cheese</b> (213 kcal)	<b>£3.45</b>
<small>with fresh mint (v)</small>	
<b>Roasted cauliflower pilaf (v/vg)</b> (170 kcal)	<b>£3.45</b>
<small>Roasted cauliflower rice with dried cranberries, mixed seeds, parsley &amp; crispy chickpeas</small>	
<b>Harissa sweet potato salad (v)</b> (389 kcal)	<b>£3.45</b>
<small>with roasted red cabbage, red onions, kale &amp; tahini yoghurt</small>	
<b>Roasted parsnip and pomegranate salad (v/vg)</b> (331 kcal)	<b>£3.45</b>
<small>with roasted onions, baby gem, hazelnuts &amp; vinaigrette</small>	
<b>Vibrant slaw with savoy (v/vg)</b> (421 kcal)	<b>£3.45</b>
<small>red cabbage, kale, fennel, carrots and grapefruit vinaigrette</small>	
<b>Roasted cabbage and parmesan salad (v)</b> (370 kcal)	<b>£3.44</b>
<small>with cherry tomato &amp; caesar dressing</small>	

## Eat Right Deli - Choose Main

Served 10:30 am - 04:00 pm

*Why not add any of the above salads to accompany your dish?*

<b>Bombay Aloo scotch egg (v)</b> (559 kcal)	<b>£6.95</b>
<small>with coconut &amp; mango yoghurt</small>	
<b>Courgette carrot and quinoa frittata (v)</b> (343 kcal)	<b>£6.95</b>
<b>Glazed ham</b> (287 kcal)	<b>£6.95</b>
<b>Greek-style stuffed aubergine (v/vg)</b> (244 kcal)	<b>£7.45</b>
<small>Stuffed with red onion, peppers, courgettes, olives, fresh parsley, oregano &amp; feta cheese (vegan cheese available)</small>	
<b>Herb and lemon poached salmon</b> (310 kcal)	<b>£8.95</b>
<b>Kimchini</b> (552 kcal)	<b>£6.95</b>
<small>Fermented chinese cabbage with mild Cheddar</small>	
<b>Mushroom Arancini (v)</b> (432 kcal)	<b>£6.45</b>
<b>Parmesan and herb crusted chicken breast</b> (442 kcal)	<b>£7.45</b>
<b>Quiche of the Day</b>	<b>£7.95</b>
<small>Please ask a member of the team for today's choice.</small>	
<b>Sausage Roll of the Day</b>	<b>£6.95</b>
<small>Please ask a member of the team for today's choice.</small>	



# Lunch



## Soup

Served 10:30 am - 04:00 pm

Served with a warm white, brown or GF roll.

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**Soup of the Day** £7.45

Please ask a member of the team for today's choice.

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**swap your roll for a cheese scone.** £1.50

## Between the Breads

Served 10:30 am - 04:00 pm

Choice of baguette, multi-seed roll or bloomer bread.

Served with salad garnish and crisps (GF bread available)

Swap your Crisps for Chips: £2.50

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**Classic coronation chicken** (1,071 kcal) £9.45

with gourmet leaves

**Egg mayonnaise and chive (v)** (923 kcal) £8.95

**Prawn Marie Rose** (894 kcal) £9.95

**Tuna crème fraîche** (905 kcal) £9.45

with cucumber

**Charred peppers and grilled halloumi** (692 kcal) £9.45

With gourmet leaves and chilli jam in sourdough focaccia bread

**Cold poached salmon** (946 kcal) £10.95

Cold poached salmon with lemon & dill

**Ploughman's ham sandwich** (896 kcal) £9.45

With golden beetroot piccalilli

**Ploughmans cheese sandwich** (1,098 kcal) £8.95

With Branston pickle & tomato

## Toasted Ciabatta

Served 10:30 am - 04:00 pm

Served with salad garnish and crisps.

Swap your crisps for chips: £2.50

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**Glazed ham, mature Cheddar and tomato** (805 kcal) £8.95

**Grilled back bacon brie and cranberry sauce** (829 kcal) £8.95

**Ranch chicken with bacon and cheddar** (834 kcal) £8.95

**Tuna and Cheddar melt** (823 kcal) £8.95

Tuna, black pepper mayonnaise and Cheddar

**Caramelised onion spinach and goat's cheese (v)** (786 kcal) £8.95

**Smoked applewood tomato and basil (v/vg)** (719 kcal) £8.95

## Wraps

Served 10:30 am - 04:00 pm

Served with salad garnish and crisps.

Swap your crisps for chips: £2.50

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**Sweet potato spinach chickpea beetroot and chia wrap (v/vg)** (836 kcal) £9.45

## Sides

Served 10:30 am - 04:00 pm

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**Cheesy gourmet chips** (631 kcal) £4.95

**Garlic ciabatta** (354 kcal) £3.95  
with dressed watercress

**Gourmet chips** (385 kcal) £3.95

**Seasonal salad** (250 kcal) £3.45

**Truffle and Parmesan chips** (521 kcal) £5.25