stry Lunch

Plated Salads

Served 11:30 - 16:00

Seasonal Glazed goats cheese and (roasted beetroot salad with baby gem, kale, pine kernels, grapes and coulis	983 <i>kcal)</i> a fig	£12.45
Chicken Caesar salad (684 kcal) Roast chicken breast, crispy bacon, gem lettuc anchovies, egg, sourdough croutons, Parmesa Caesar dressing		£12.45
Traditional ploughman's platter (930 kca Honey glazed ham, Cheddar cheese, picckled gherkins, piccalili, boiled egg, apple and a sour roll.	onion,	£12.95

Sides

Served 12:00 - 16:00Cheesy gourmet chips (631 kcal)£4.95Gourmet chips (385 kcal)£3.95Garlic ciabatta (354 kcal)£3.95with dressed watercress£3.95Seasonal salad (250 kcal)£3.45

Homemade Mains

Served 12:00 - 15:00

Fish and chips (1356 kcal)	£15.95
Hand-battered sustainably sourced fish with gourmet chips, your choice of peas, tartare sauce & lemon (gf)	
Traditional Beef lasagne (1295 kcal)	£14.95
served with gourmet salad and garlic bread	214.00
Pie of the day	£14.95
Please ask for today's choice and Kcals.	
Chicken shawarma (994 kcal)	£14.45
served with pitta bread, chickpea & red onion salad, pickled red cabbage, harissa hummus, dressed with chilli & herb oil	
Maple-glazed ham (789 kcal)	£13.95
with two fried eggs, gourmet chips, piccalilli & homemade pickled cabbage.	
Signature Sausage and Mash (839 kcal)	£13.95
Two Cumberland sausages with creamy mashed potato, caramelised onion gravy & crispy shallots	
Pea and sun-dried tomato risotto (1183 kcal)	£13.95
	213.95
Crispy kale & parmesan, dressed with parsley oil (Vegan option available)	
Blue Diamond Club sandwich (1062 kcal)	£12.95
Roast chicken, grilled back bacon, baby Roast chicken, grilled back bacon, baby gem, tomato, fried egg, lemon & tarragon	
mayonnaise with gourmet chips & Classic Coleslaw	



Deli Salads

Served 11:30 - 16:00

Did you know our deli counters are nutrient-rich and include ingredients needed in your daily diet? One Salad:£3.45 Two Salads:£5.95 Three Salads £7.95 Classic Coleslaw (115 kcal) £3.45 cabbage, carrots, onions, parsley and mayonnaise (v) Quinoa Salad (148 kcal) £3.45 quinoa, peppers, tomatoes, broad beans, chickpeas, pumpkin seeds with curry spiced vinaigrette (v/vg) Pasta Salad (172 kcal) £3.45 with mozzarella, parmesan, tomato, spinach and nut free pesto (v) Garden leaf salad (72 kcal) £3.45 with tomato, cucumber & shallots (v/vg)

Eat Right Deli - Choose Main

Served 11:30 - 16:00

Why not add any of the above salads to accompany your dish?		
Quiche of the Day Please ask a member of the team for today's	s choice.	£7.95
Sausage Roll of the Day Please ask a member of the team for today's	s choice.	£6.95
Goat's cheese and vegetable frittata (v)	(429 kcal)	£7.45

Baked Potatoes

Served 11:30 - 16:00

Served with a salad garnish		
Baked beans and Cheddar cheese (v) (998 kcal) (Vegan cheese available)	£8.45	
Classic coronation chicken (1015 kcal)	£9.45	
Melted brie and crispy bacon (1176 kcal)	£9.45	
Prawn Marie Rose (740 kcal)	£9.95	
Tuna Mayonnaise (796 kcal)	£9.45	
Beef chilli con carne (1308 kcal) with crushed avocado & sour cream	£9.95	

add cheese (248 kcal) £2.25

Soup

Served 11:30 - 16:00

Served with a warm white, brown or GF bread.

Soup of the Day	£7.45
Please ask a member of the team for today's choice.	

Toasted Ciabatta

Served 11:30 - 16:00

Served with salad garnish and crisps. Swap your crisps for chips: £2.50		
Glazed ham, mature Cheddar and tomato	(805 kcal)	£8.95
Grilled back bacon brie and cranberry sauce	(829 kcal)	£8.95
Ranch chicken with bacon and Cheddar	(834 kcal)	£8.95
Tuna and Cheddar melt (823 kcal) Tuna, black pepper mayonnaise and Cheddar		£8.95
Caramelised onion spinach and goat's cheese (v)	(786 kcal)	£8.95

Between the Breads

Served 11:30 - 16:00

Choice of white or brown bloomer bread. Served with salad garnish and crisps (GF bread available)

Classic coronation chicken (1071 kcal) with gourmet leaves	£9.45
Egg mayonnaise and chive (v) (923 kcal)	£8.95
Prawn Marie Rose (894 kcal)	£9.95
Blue Diamond BLT (969 kcal)	£9.45
Roasted Mediterranean vegetable (1006 kcal) with red pepper hummus & fresh arugula (v/vg)	£9.45
Ploughmans cheese sandwich (1098 kcal) With Branston pickle & tomato	£8.95
Tuna Mayonnaise and cucumber (905 kcal)	£9.45







Roast Dinners and Hot Food

Served 12:00 - 15:30

All Roast Dinners are served with thyme roast potatoes, mixed vegetables, Yorkshire pudding and rich red wine gravy

Roast topside of beef (1260 kcal)	£15.95
Garlic and thyme roast chicken (1037 kcal)	£15.95
Roast gammon (987 kcal)	£15.95
Three meats roast (1558 kcal)	£18.95
Children's Roast Beef (826 kcal)	£9.95
Children's Roast Chicken (727 kcal)	£9.95
Children's Roast Gammon (650 kcal)	£9.95
Squash, Spinach & Vegan Feta Pie (v/vg) (958 kcal)	£15.95
Fish and chips (1356 kcal) Hand-battered sustainably sourced fish with gourmet chips, your choice of peas, tartare sauce & lemon (gf)	£15.95
Blue Diamond Club sandwich <i>(1062 kcal)</i> Roast chicken, grilled back bacon, baby gem, tomato, fried egg, lemon & tarragon mayonnaise with gourmet chips & classic coleslaw	£12.95

Roast dinners sides

Served	12:00 -	15:30
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Roasted seasonal vegetables (255 kcal)	£3.95
Thyme roasted potatoes (304 kcal)	£3.95
Yorkshire pudding & red wine gravy (253 kcal)	£3.95

Plated Salads

Served 11:30 - 15:30

Seasonal Glazed goats cheese and roasted beetroot salad (983 kcal) with baby gem, kale, pine kernels, grapes and a fig coulis	£12.45
Chicken Caesar salad <i>(684 kcal)</i> Roast chicken breast, crispy bacon, gem lettuce, anchovies, egg, sourdough croutons, Parmesan & Caesar dressing	£12.45
Traditional ploughman's platter <i>(930 kcal)</i> Honey glazed ham, Cheddar cheese, picckled onion, gherkins, piccalili, boiled egg, apple and a sourdough roll.	£12.95

Breakfast



Breakfast

Served 08:30 - 11:30

Full English Breakfast (1467 kcal) Two eggs of your choice, two rashers of bacon, two breakfast sausages, two hash browns, black pudding, roasted tomatoes, flat mushroom, baked beans & toast	£11.95
Light breakfast (831 kcal) One egg of your choice, one rasher of bacon, one breakfast sausage, hash brown, roasted tomato, flat mushroom, baked beans & toast	£9.45
Vegetarian breakfast (723 kcal) One egg of your choice, grilled halloumi, crushed avocado, hash brown, roasted tomato, flat mushroom, baked beans and toast	£9.45
Toast and Preserve (462 kcal) White, Brown or Sourdough Toast with your choice of preserve (Gluten free bread available)	£3.95
Eggs on Toast Your choice of eggs served on white, brown or sourdough toast.	£6.45
Breakfast Cob Your choice of sausage, bacon, fried egg or grilled halloumi served on a buttered cob.	£6.45
Toasted teacake (276 kcal) served with butter	£2.95
Child's Breakfast (583 kcal) Fried egg, breakfast sausage, baked beans, hash brown and toast	£6.95

add smoked salmon (94 kcal) £2.95

breakfast sides each £1.95

Avocado 168kcal, Baked Beans 137kcal, Halloumi 257kcal, Hash Brown 320kcal, Hollandaise 224kcal, Mushrooms 63kcal, Spinach 129kcal, Tomato 114kcal

breakfast sides each £2.45

Bacon 167kcal, Sausage 221kcal, Black Pudding 252kcal, Fried Eggs 311kcal, Poached Eggs 131kcal, Scrambled Eggs 384kcal, Sliced Ham 114kcal

Breakfast Specials

Served 08:30 - 11:30	
American style pancakes (746 kcal) with maple syrup and bacon	£8.95
Breakfast sundae (N) (523 kcal) Homemade granola, yoghurt, seasonal berry compote, honey and fresh berries	£7.95
Eggs Benedict <i>(641 kcal)</i> Wiltshire ham, toasted English muffin, poached eggs and hollandaise sauce	£8.95
Eggs Cypriot <i>(1042 kcal)</i> Grilled Halloumi, smashed avocado, toasted English muffin, poached eggs and hollandaise sauce	£8.95
Eggs Royale (682 kcal) Smoked salmon, toasted English muffin, poached eggs and hollandaise sauce	£9.95
Croque Madame (450 kcal) layers of thinly sliced ham, becamel sauce, melted cheese on toasted bread & fried egg	£10.95
Breakfast bruschetta (596 kcal) Grilled sourdough toast, fresh spinach, roasted tomatoes, avocado, toasted mixed seeds, basil oil and micro basil	£8.45